

55+ Programs

Campbell Community Center

155 High, Eugene 97401 Bus #1, 66
Phone: 682-5318 Hours: 8a-4:30p M-F
Senior Program Manager: Yvaughn
Tompkins
Program Supervisors: Mel Mann,
Sue Harnly
Office Coordinator: Diane Pomerantz



For more information about dates, times, costs and activities, pick up a copy of the *Campbell Courier*, call the center, or visit the www.eugene-or.gov/recenroll.

SPECIAL EVENTS

BBQ & Silent Auction	Sep 7
Newcomers Social	Sep 17
Flu Shot Clinic	Nov 8
Holiday Bazaar	Nov 17
Thanksgiving Dinner	Nov 21
Holiday Phone Calls	TBA
Holiday Dinner	Dec 19

VAN TRIPS

Old Time Radio Show	Aug 24
Rembrandt & Bleu	Sep 11
Depoe Bay Salmon Bake	Sep 15
Oakridge Theater	Oct 21
Florence: <i>Mame</i> the Musical	Nov 4
Autumn Leaves & Novak's	Nov 8
Holiday Shopping	Nov 26
Albany Holiday Historic Parlors	Dec 9
Local Holiday Lights	Dec 20
Spruce Goose	Jan 25
Timberline Lodge	May 1 & 2
(register early to secure your spot)	

OUTDOOR PROGRAM

SAILING ♥

San Juan Island Sail	Sep 25-29
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CROSS-COUNTRY SKI TRIPS ♥

Hoodoo	Jan 2
Try Skiing Free	Jan 16
Odell	Jan 31
Hoodoo	Feb 13
XC Ski Fun Day	Mar 13
Mystery Ski	Mar 25

HIKES ♥

West Eugene Wetlands	Oct 8
Winter Beach	Feb 19

SNOWSHOEING ♥

First Snow Snowshoe/Ski	Dec 18
Gold Lake	Jan 4
First Time Snowshoe	Jan 10
West View Shelter	Jan 22
Santiam Pass	Feb 8
Diamond Creek Falls	Feb 25
Yellowstone National Park	Feb 11-17
Snowshoe Fun Day	Mar 13

WALK-A-BOUTS ♥

Sep 17, Oct 1 & 15, Nov 5 & 19, Dec 3 & 17

MEETINGS & SUPPORT GROUPS

Campbell Center Advisory Board	3rd Mon
Diabetes Support Group	3rd Fri
LCAPERS	Oct 2, Dec 4
NARFE	4th Mon
Parkinson's Support Group	2nd Tu
Porcelain Artists	2nd Fri
Restless Leg Syndrome	Sep 13, Jan 17
Stroke Support (Hilyard Center)	Wed

Non-city residents are assessed a 20% surcharge for registered activities & rentals.

55+ Programs

DROP IN ACTIVITIES

All Acoustic Music Jam	10a-Noon	Th
Bike Riding Group ♥	9:30a W (May-Sep)	
	10:30a W (Oct-Apr)	
Bridge	1p M & 12:30p F	
Bingo	1p	Wed
Chess	9a	Wed
Computer Lab	10a-1p	MTuThF
Comforts for Children	10a-2:30p	Th
Creative Writing Group	12:30-2:30p	Th
Deaf Seniors Cards	10a 1st/3rd Wed	
	Noon 2nd/4th Wed	
Folk Dancing ♥	2:30p	Mon
Foursome Bridge	Noon-3p	Wed
Golden Age Dance ♥	7p	Mon
"Grumpy Old Men" Bridge	8a-Noon 2nd/4th W	
Lunch Bunch	Noon	Wed
Mah Jongg	1-4p	Th
Men's Club Breakfast	8:30a	2nd Tu
Double Deck Pinochle	1-4p	2nd/4th Fri
Pinochle	8:30a	Tu
Pool Room	8a-4:30p	Mon-Fri

Scrabble	1-3p	Tu
"Walk n Talkers" ♥	9a	Fri
Wood Shop	9a-3p	Mon-Wed

SERVICES

<i>Appointments necessary for most services</i>		
Outreach Services		please call
Blood Pressure Clinic	12:30p	2nd/4th W
Footcare Clinic	10a-3p	Tu
Hearing Clinic	11a-Noon	2nd Wed
Chair Massage	1-3:30p	Th
Reiki		please call
Senior Law	9-11:30a	Sa
<i>(appointment needed)</i>		
SHIBA (Senior Health Insurance Benefits Advisors)		<i>(appointment needed)</i> Tu
Video and Book Library		<i>(no appt. needed)</i>
Medical Equipment Loan		<i>(no appt. needed)</i>

CLASSES

See Adult Education, pages 38-44.

PRESENTATIONS

Advanced Directive	Sep 17, Nov 19
Wonders of the Wetlands	Sep 20
So You're Going on Medicare	
	Sep 24, Nov 27
Understanding Grief	Sep 27, Sep 28, Dec 6, Dec 7
Create a Legacy of Your Lifetime	Oct 9
Estate Planning	Oct 15, Dec 17
Making Final Arrangements	Oct 18
Reverse Mortgage	Oct 23
Learn About Mental Health	Oct 31
Greener Actions: Recycle Bins & Beyond	
	Nov 1
Essential Tremors	Nov 5
All About Snowshoeing & XC Skiing	Jan 3

SPECIAL INTEREST

Basic Wood Working	Sep 21
AARP Driver Safety	Oct 12 & Oct 19
	Jan 25 & Feb 1
Handcrafted Wooden Pens	
	Nov 2 & 6, Nov 9 & 13

Country, Cozy and Close



Rent the Historic Wayne Morse Ranch for Your Next Event!

This former farm was home to the man who has come to symbolize political integrity and service in America: Senator Wayne Morse. The house is available year-round for rental events of up to 30 people. The picnic shelter and large adjoining meadow are available for non-amplified rental events of up to 125 people, May through October. Both areas have seating and kitchen facilities.

For information, please call 682-5380.

Petersen Barn Community Center

870 Berntzen, Eugene 97402 Bus #40
Phone: 682-5521 Hours: 9a-5p M-F
Senior Program Mgr: Yvaughn Tompkins
Program Supervisor: Diane Sconce
Office Coordinator: Tina Cammann

For more information about dates, times, costs and activities, pick up a copy of the *Barnie's News*, call the center, or visit www.eugene-or.gov/receenroll.



SPECIAL EVENTS

Try a Class for Free	1st week Sep
Beans at the Barn	Sep 13
Barn Dances ♥	Sep 15, Oct 20, Nov 17, Dec 15
Casserole of the Month	Oct 3
Barnyard Sale	Sep 22, Oct 27
Halloween Luncheon	Oct 31
Soup of the Month	Nov 14
Breakfast with Santa	Dec 8
Holiday Dinner	Dec 12

VAN TRIPS

Depoe Bay Salmon Bake	Sep 15
Body Worlds 3	Sep 17
Oregon/Washington Overnight	Sep 24-28
Ethnic Excursion	Oct 9
Fall Leaves & Covered Bridges	Oct 16
Marathon Coach	Oct 30
Ethnic Excursion	Nov 6
Shore Acres Lights	Dec 11
Local Holiday Lights	Dec 17

BARN RED HAT OUTINGS

THURSDAY LADIES

Mystery Tea	Oct 2
Oregon Aquarium	Oct 25
Royal Caribbean	Nov 15
Mrs. Bee's Special Tea	Dec 13

FRIDAY BESSIES

Wolf Creek Tavern	Sep 21
Mystery Tea	Oct 26
Woodburn Outlet	Dec 7

HEALTH & WELLNESS

Blood Pressure Clinic	2nd & 4th Tu
Total Body Workout ♥	Tu & Th
Tai Chi ♥	Tu & Fri
Gentle Exercise ♥	Tu
Qigong ♥	Fri
Yoga ♥	Tu & Fri

CLASSES

See Adult Education, pages 38-44.

PRESENTATIONS

Japanese Lunch/Sushi	Oct TBA
International Cultures	Oct 3
Final Arrangements	Oct 24
Antique Appraisal	Nov 8
International Cultures	Nov 14

DROP IN ACTIVITIES

Pinochle	Mon & Fri
Senior Advisory Council	1st Mon
Barnies' Potluck	1st Mon
Cribbage	Wed
Mah Jongg	Wed
Painter's Workshop	Tu
Movie Matinee	Fri
Red Hat Lunch Bunch	2nd Tu

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